Learning Styles Inventory

Directions: Print this page and place a check next to what best represents you. Count the amount in each column and go back to the Learning Styles Webpage for additional information about your learning style.

	Column A	Column B	Column C
My emotions can be interpreted by my:	Facial expression	□ Voice	□ Body Language
At a party I prefer to:	People watch	Talk in a small group	Take part in an activity (i.e., dancing)
During my free time I like to:	See a movie, sporting event, or theatre production	Listen to music, radio, or go to a concert	Work out or engage in some type of physical activity
The type of class I prefer is:	History	Communications	□ Art
I enjoy classes that are set up as:	Having the teacher write the material on the board	A discussion	Working with classmates on a group activity
While working with someone I prefer to do it:	☐ Face to face	On the telephone	On the golf course or while on a jog
If I am assembling something I prefer to:	Read the directions on my own	Have someone tell me how to do it	Play around with the pieces and figure it out
When reading I prefer to:	"Take a picture" of what I am reading	Hear the dialog (i.e., in class or on tape)	Read intense stories or I prefer not to read at all
When I try to focus on my work I become:	Distracted by movements	Distracted by noises	Distracted by the activities around me
When spelling out something I:	Try to see the word	Try to sound it out	Write the word out to see if it looks right
ADD THE TOTALS FROM EACH COLUMN	COLUMN A TOTAL:	COLUMN B TOTAL:	COLUMN C TOTAL: